DAVID ADVENTURE · TANZANIA

Kilimanjaro Equipment List

Layer for changing conditions from rainforest trailhead to summit night.

Clothing layers

- ■ Moisture-wicking base layers
- ■ Thermal top and thermal leggings
- ■ Fleece or insulating mid-layer
- ■ Waterproof and windproof outer shell
- ■ Warm insulated summit jacket
- ■ Trekking trousers and spare hiking socks
- ■ Warm hat, sun hat and neck gaiter

Footwear

- ■ Broken-in waterproof hiking boots
- ■ Gaiters if preferred
- ■ Camp shoes or sandals
- ■ Several pairs of trekking socks

Personal equipment

- ■ Comfortable daypack and rain cover
- ■ Duffel bag for porter-carried kit (within operator limits)
- ■ Sleeping bag suitable for the season and route
- ■ Trekking poles
- ■ Headlamp with spare batteries
- ■ Water bottles or hydration system

Health & protection

- ■ Sunscreen and lip balm
- ■ Sunglasses with strong UV protection
- ■ Personal medication and blister care
- ■ Hand sanitiser and personal toiletries
- ■ Small quick-dry towel

Documents & essentials

- ■ Passport and required travel documents
- ■ Travel and evacuation insurance details
- ■ Camera or phone and power bank
- ■ Cash for personal expenses and tips

- Waterproof bags for valuables

Use this as a planning guide and adapt it to your itinerary, season, airline baggage allowance and advice from your guide. Contact David Adventure if you need help preparing.

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